

# RED TRACTON'S

*Established 1948*

**Renowned for Quality Food**  
**Prime Beef • Gigantic Lobster Tails • Piano Bar**

## Luncheon

### Appetizers & Soups

- Maryland-Style Crab Cakes** ..... 17.95  
 Made with 100% jumbo lump crab
- Jumbo Shrimp** on ice..... 19.95  
 with mustard and cocktail sauce
- Baked Potato Skins** bacon and cheese..... 7.95
- Cajun Chicken Wings** Buffalo hots ..... 7.95
- Soup of the Day** very, very special..... 6.95
- Fresh Chicken Soup** with vegetables..... 6.95
- Red's Famous Lobster Bisque** ..... 7.95

### Salads

*Our famous dressings: Green Goddess (house), Danish Blue Cheese (crumbled or cream), Ranch, and Vinaigrette*

- Tracton's Salad "Exceptionale"** ..... 8.95  
 Served with Rock Shrimp, add ..... 6.00
- Half Sandwich & Soup or Salad "Exceptionale"** ..... 11.95  
 Hot corned beef, roast beef, breast of turkey, or baked ham and swiss, served on your choice of bread
- Wedge** bleu cheese crumbles and shaved red onion ..... 7.95
- Beefsteak Tomatoes**..... 11.95  
 With imported anchovies, pimientos, heart of palm and artichoke hearts
- Cobb Salad**..... 11.95  
 We suggest vinaigrette dressing
- Chinese Chicken Salad**..... 11.95
- Spinach Salad**..... 11.95  
 Warm, sautéed baby bella mushrooms, caramelized sweet onions, toasted pine nuts, bacon, deviled egg, honey balsamic vinaigrette
- Filet Mignon Steak Salad**..... 15.95  
 Served with horseradish vinaigrette or choice of dressing

### Sandwiches

*Served with fries and cole slaw.*  
*Soup of the Day or "Exceptionale" Salad served with sandwich, 3.95*

- Hot Corned Beef** on Rye ..... 11.95
- Cheeseburger with Bacon** on an onion roll .. 11.95
- Roast Beef Dip Au Jus** on a french roll ..... 11.95
- Baked Ham & Swiss** on your choice of bread... 11.95
- California Club** ..... 11.95  
 Breast of turkey, avocado, bacon and swiss on your choice of bread
- Filet Mignon Sandwich** ..... 19.95

*Soup of the Day or "Exceptionale" Salad served with entrée, 3.95*

### Specialties of the House

- Our Famous "Prime" Rib** Del Mar Cut... 21.95
- Eastern Pork Back Ribs** half rack..... 16.95
- Fresh Ground Sirloin Steak** ..... 11.95  
 Topped with sautéed mushrooms, green peppers, onions and garlic
- Free-Range Double Breast of Chicken** . 13.95  
 Herb-crusted and pan-seared in your choice of garlic butter, Picatta, or Marsala sauce
- Double Thick Ham Steak & 3 Eggs** ..... 12.95
- Sautéed Calf Liver** with onions and bacon ..... 13.95
- Grilled Gothic Combo Sandwich** ..... 11.95  
 Red's special creation includes turkey, ham, corned beef and swiss cheese on thin rye with Thousand Island dressing and coleslaw

### Fish

- Catch of the Day**..... 16.95
- Salmon** grilled, picatta style, poached or sugar-cured .. 16.95
- Sautéed Walleye Pike Amandine** ..... 17.95
- Cold Poached Salmon Platter** ..... 14.95

### Seafood

- Seafood Pasta**..... 16.95  
 Lobster, shrimp and scallops with fettuccine and a light cream sauce
- Our Famous Blackened Jumbo Shrimp** ..... 16.95
- Fried Jumbo Shrimp**..... 16.95
- Eastern Jumbo Scallops** sautéed or golden fried 16.95
- Jumbo Shrimp Scampi**..... 16.95  
 Sautéed with white wine, lemon and garlic served on a skillet

### Down Home Favorites

- |           |                                   |
|-----------|-----------------------------------|
| MONDAY    | <b>Homestyle Meatloaf</b>         |
| TUESDAY   | <b>Mustard-Crusted Catfish</b>    |
| WEDNESDAY | <b>Ask about Chef's Selection</b> |
| THURSDAY  | <b>Fresh Roast Turkey</b>         |
| FRIDAY    | <b>Lobster Club Sandwich</b>      |

*Split plate charge \$6.00.*

*Bottled Green Goddess dressing available. | Gift Cards available. | Banquet Facilities available.*  
*Ask about our healthier menu items.*

**550 Via de la Valle | Del Mar, California | 858.755.6600 | www.RedTractons.com**  
**Across from Del Mar Race Track**